Spring into Summer!

at Harvard Gulch West Park

Free concert and wellness fair!
Join Harvard Gulch Recreation Center, Porter Hospital, and the
Rosedale Harvard Gulch Neighborhood Association for a weekend at the park.
Bring your family, friends, and a picnic and join in the activities.

WHEN

June 7 - 8, 2019

WHERE

Harvard Gulch West Park
550 E. Iliff Ave
Denver, CO 80210

FRIDAY, JUNE 7

- **Free concert at the park!** Enjoy the **Rocky Mountain Bluegrass Band** 6:30PM-9PM

SATURDAY, JUNE 8

- Fitness Day in the park and recreation center for youth, adults and older adults! 9AM-1PM. **Free class schedule below.**

9:00 - 9:30 AM: High intensity Fitness at the Rec
9:30 - 11:00 AM: MY Denver in the Park
9:30 - 10:30 AM: Aqua Aerobics in the pool
9:45 - 10:45 AM: Oula at the Rec
10:00 - 10:30 AM: First Tee in the park
10:00 - 11:00 AM: Fitness walk in the park
11:00 - 11:45 AM: SilverSneakers/AOA Class at the Rec
12:00 - 12:45 PM: Yoga at the Rec

DENVER PARKS & RECREATION
CMHN COLORADO MENTAL WELLNESS NETWORK
Porter Adventist Hospital
Centura Health.
THE BAITY TEAM

DEVOUR THE 303
John HOLLY'S ASIAN BISTRO
Thrive MORTGAGE
BUILDER'S Heating & Air Conditioning
DENVER CITY COUNCIL District 6 The ♥ of South Denver Paul Kashmann
ROSEDALE HARVARD GULCH NEIGHBORHOOD ASSOCIATION
Transforming our Neighborhood into a Community

For more information call
720-865-2200 or email:
parksandrec@denvergov.org